

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



**BREAKFAST:**

Pineapple  
Bread  
Scrambled Egg  
Milk

**LUNCH:**

Meatballs  
Brown Rice  
Black Beans  
Sliced Tomatoes  
Cantaloupe  
Milk

**SNACK:**

Peaches  
Goldfish Crackers

1

**BREAKFAST:**

Cinnamon Apple  
Blueberry Vanilla Bread  
Milk

**LUNCH:**

Chicken Nuggets\*\* *ketchup*  
Mixed Vegetable  
Broccoli  
Roll  
Mandarin Orange  
Milk

**SNACK:**

Banana Bread  
Milk

2

**BREAKFAST:**

Banana  
Turkey Sausage  
Breakfast Roasted Potatoes  
Juice  
Milk

**LUNCH:**

Arroz con Pollo  
Green Beans  
Mixed Green Salad  
*Ranch dressing*  
Roll  
Fruit Cocktail  
Milk

**SNACK:**

Animal Crackers  
Juice

3



6



**BREAKFAST:**

Pineapple\*\*\*\*\*  
Cereal\*\*\*\*\*  
Milk

**LUNCH:**

Chicken nuggets *ketchup*  
Mashed Potatoes  
Broccoli  
Roll  
Red Apple\*\*  
Milk

**SNACK:**

Corn Muffin  
Juice

7

**BREAKFAST:**

Mandarin Orange  
Bread  
Cheese Slices  
Turkey Ham  
Milk

**LUNCH:**

Salisbury Steak  
Brown Rice  
Roll  
Green Beans & Carrots  
Honeydew  
Milk

**SNACK:**

Blueberry Vanilla Bread  
Pears

8

**BREAKFAST:**

Peaches  
English Muffin  
Boiled Egg  
Milk

**LUNCH:**

Fricassee de Pollo  
Brown Rice  
Red Beans  
Plantains  
Pineapple  
Milk

**SNACK:**

Yogurt  
Graham Crackers

9

**BREAKFAST:**

Fresh Fruits  
Pancakes *Syrup*  
Juice  
Milk

**LUNCH:**

Macaroni & Cheese  
Garlic Bread  
Mixed Green Salad  
*Ranch dressing*  
Applesauce  
Milk

**SNACK:**

Chocolate Chip Cookies  
Milk

10

**BREAKFAST:**

Fruit  
Cereal  
Milk

**LUNCH:**

Baked Lemon Chicken Pepper\*\*\*  
Brown Rice  
Black Beans  
Green Beans  
Pineapple  
Milk

**SNACK:**

Oatmeal Cookies  
Milk

13

**BREAKFAST:**

English Muffin \*\*\*  
Fried Egg\*\*\*  
Mandarin Oranges  
Milk

**LUNCH:**

Chicken Patty *Mayo*  
Sliced Tomatoes & Lettuce  
Green Peas  
Bun  
Red Apple  
Milk

**SNACK:**

Fudge Cream Cookies\*\*\*  
Juice\*\*\*

14

**BREAKFAST:**

Cantaloupe  
Blueberry Muffin  
Yogurt  
Milk

**LUNCH:**

Taco Beef\*\*\*  
Corn\*\*\*  
Cheese Dip\*\*\*  
Nachos\*\*\*  
Taco Beans\*\*\*  
Fruit Cocktail  
Milk

**SNACK:**

Assorted Crackers  
Juice

15



**BREAKFAST:**

Waffles *Syrup*\*\*\*  
Cinnamon Apples  
Milk

**LUNCH:**

Spaghetti & Meat Sauce  
Garlic Bread  
Steamed Baby Carrots  
Mixed Green Salad  
*Ranch dressing*  
Peaches  
Milk

**SNACK:**

Animal Crackers  
Milk

16

**BREAKFAST:**

Fresh Fruit  
Boiled Egg  
English Muffin  
Juice  
Milk

**LUNCH:**

Pizza  
Mixed Vegetables  
Pears  
Milk

**SNACK:**

Mandarin Orange  
Nut Free Trail Mix

17

## MONDAY

**BREAKFAST:** 20  
Cereal  
Fruit Cocktail  
Milk

**LUNCH:**  
Chicken Rotini Alfredo\*\*\*  
Green Peas & Carrots  
Pineapple  
Milk

**SNACK:**  
Assorted Crackers  
Turkey Ham

## TUESDAY

**BREAKFAST:** 21  
Banana Pancakes\*\*\*  
Syrup\*\*\*  
Applesauce  
Milk

**LUNCH:**  
Chicken Nuggets \*\**Ketchup*  
Roll  
Steamed Baby Carrots  
Mixed Green Salad  
*Ranch dressing*  
Mandarin Orange  
Milk

**SNACK:**  
Milk  
Chocolate Chip Cookies

## WEDNESDAY

**BREAKFAST:** 22  
English Muffin *butter*  
Honeydew  
Milk

**LUNCH:**  
Beef Burrito  
Flour Tortilla  
Brown Rice  
Black Beans  
Broccoli  
Fruit Cocktail  
Milk

**SNACK:**  
Juice  
Ritz Crackers

## THURSDAY

**BREAKFAST:** 23  
Bread  
Scrambled Egg\*\*\*  
Red Apple  
Milk

**LUNCH:**  
Chicken Stir Fry  
Brown Rice  
Broccoli  
Peaches  
Milk

**SNACK:**  
Pears  
Yogurt

## FRIDAY

**BREAKFAST:** 24  
Biscuit  
Sausage Patty\*\*\*  
Banana  
Juice  
Milk

**LUNCH:**  
Hamburger  
(*ketchup-Mustard*)  
Bun  
Sliced Tomatoes & Lettuce  
Oven Fried Potatoes  
Pears  
Milk

**SNACK:**  
Pretzels\*\*\*  
Mozzarella Sticks\*\*



**BREAKFAST:** 27  
Fresh Fruit\*\*  
Cereal  
Milk

**LUNCH:**  
Pulled Chicken  
Brown Rice  
Peas & Carrots  
Peaches  
Milk

**SNACK:**  
Juice  
Nut Free Trail Mix



**BREAKFAST:** 28  
Pineapple  
Bread\*\*\*  
Egg Patty\*\*\*  
Milk

**LUNCH:**  
Picadillo  
Brown Rice  
Corn  
Plantains  
Mandarin Orange  
Milk

**SNACK:**  
Red Apple  
Goldfish Crackers

**BREAKFAST:** 29  
Choco Chip Pancakes  
*Syrup*  
Pears  
Milk

**LUNCH:**  
Macaroni & Cheese  
Garlic Bread  
Broccoli, Cauliflower, Carrot  
Applesauce  
Milk

**SNACK:**  
WG Cheetos\*\*  
Juice\*\*

**BREAKFAST:** 30  
Banana  
Juice  
Blueberry Muffin  
Milk

**LUNCH:**  
Ravioli\*\*\*  
Mixed Vegetables  
Roll  
Cantaloupe  
Milk

**SNACK:**  
Pretzels  
Juice